



AREA AGENCY ON AGING

Ohio District 5 | Serving North Central Ohio

2017 Annual Report

*"The best thing to hold onto in life
is each other."* - Audrey Hepburn

MISSION

The Ohio District 5 Area Agency on Aging, Inc. provides leadership, collaboration, coordination and services to older adults, people with disabilities, their caregivers & resource networks that support individual choice, independence and dignity.

VISION

The Ohio District 5 Area Agency on Aging, Inc. will be a leader in long term care systems and the preferred organization in providing advice and services which enhance the independence, dignity, and quality of life of older adults, individuals with disabilities and their caregivers.

BOARD OF TRUSTEES

President	Beth Myers
Immediate Past President	Jerod Them
Vice President	John Peterson
Vice President	Mayor Mike Porter
Treasurer	John Kastelic
Secretary	Tammi Wolfe
Ashland County	Dorothy Stitzlein
Crawford County	Nate Roshon
Huron County	Paul Capelle
Knox County	Commissioner Teresa Bemiller
Marion County	John Peterson
Morrow County	Mayor Mike Porter
Richland County	Jana Mulherin
Seneca County	Kellie Hartsel
Wyandot County	Catherine Browne
At-Large	Sherry K. Hill
At-Large	Jeff Polzin



DEAR FRIENDS AND SUPPORTERS,

2017 has been another successful year for the Ohio District 5 Area Agency on Aging, Inc.

Through the vision and dedication of our staff, Corporate Board, Foundation Board, Advisory Council, Services That Assist Richland Seniors (STARS) Levy Advisory Committee, volunteers, donors, and partners, we have accomplished many things, but our greatest strength comes from our community.

This year we have piloted several community programs to continue to engage older adults. Through partnerships with our local EMS and colleges and universities, we are broadening our horizons and reaching older adults through different avenues in our community.

We are thankful for the voters who have allowed us to continue to administer the Richland County Senior Services Levy to our community's seniors. During the past 10 years, our levy has served numerous older adults in Richland County. With an additional .5 mill over the next five years, we are excited to see how many more we can assist and support.

We look forward to another year of conquering distinctive challenges, generating innovative solutions, and creating a bright future for our individuals in 2018 and beyond.

Sincerely,

DUANA PATTON

*Chief Executive Officer
Ohio District 5 Area Agency on Aging, Inc.*

BETH MYERS

*Corporate Board President
Ohio District 5 Area Agency on Aging, Inc.*



Celebrating Senior Services Levy

Had it not been for the levy, I would have fallen through the cracks a long time ago. It really enabled me to stay independent, and also, to stay safe in my home.

- Mary McDonald
Levy Consumer



2017 LEVY CO-CHAIRS

10 YEARS OF SERVICE TO RICHLAND COUNTY SENIORS

After nearly 10 successful years of administering the Richland County Senior Services Levy, the Area Agency on Aging added the levy on the ballot once again for a 1 mill renewal with the addition of 0.5 mill.

Older adults want to stay in their homes, but many do not qualify for programs like PASSPORT even though they could benefit from extra help. This makes programs like the Senior Services Levy vital to the community.

Services provided include home delivered meals, transportation, personal care, minor home repair, and many more. Funding is allocated so 94% goes to senior services and 6% goes to program administration.

After a vibrant campaign, the levy passed with 13,959 votes in favor and 9,953 votes against. The Area Agency on Aging will begin administering the additional funds in 2019.

The co-chairs of the levy campaign were Lydia Reid, Zoi Romanchuk and Colonel Michael Howard. Levy Treasurer was John Kastelic.



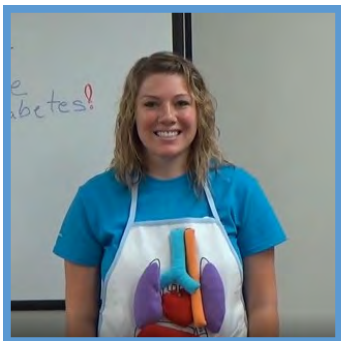
COMMUNITY MEMBERS PICKING UP THEIR YARD SIGNS



Digging D.E.E.P.

“The blood bags offer such a unique perspective and are a great learning tool! It will stick in my head forever how important a healthy A1C is!”

- Past DEEP Participant



MEGAN THOMAS
DEEP COACH

MAKING DIABETES EDUCATION INTERACTIVE

In partnership with the Ohio Department of Aging, the Area Agency on Aging is dedicated to offering wellness workshops to older adults and caregivers in its service area. This year, the Agency has added a new wellness program that focuses on individuals with diabetes.

The Diabetes Empowerment Education Program (DEEP) is a free, six-week workshop that teaches diabetes management through a hands-on, interactive approach. DEEP uses tools such as:

- interactive visuals to understand blood sugar levels
- activities to develop skills to decrease risks of complication
- tips to improve eating habits and increase physical activity.

Because DEEP is so hands-on and easy to understand, it's a great course to pair with the Agency's other diabetes workshop, the Diabetes Self-Management Program (DSMP), which teaches participants how to set goals and create action plans for managing their diabetes.

"[One] participant who completed DEEP liked it so much she then attended a DSMP workshop," said Megan Thomas, the DEEP coach at the Agency. "[She] said it was the best decision she made to take the workshops and has learned so much."



DEEP CLASS MATERIALS



Setting a new table with the **Campus Dining Program**

"The salad bar was fantastic! I lost weight because I ate better, which helped to prevent snacking with improper foods. It also gave me an excellent reason to leave the house and then [take] the time to walk the [Richland] Mall. I am also investigating "senior programs" at the college. Never too old to learn something new!"

- **Barbara**

Campus Dining Program participant



DR. DOREY DIAB

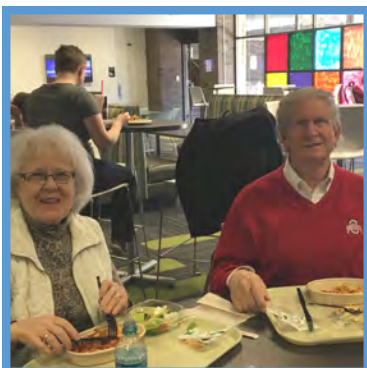
THE FUTURE OF CONGREGATE MEAL SITES STARTS IN RICHLAND COUNTY

The Campus Dining Program is the first on-campus congregate meal site in the state of Ohio. It is an innovative collaboration between North Central State College, The Ohio State University at Mansfield, and the Area Agency on Aging to bring fresh, healthy meals to older adults.

Dr. Dorey Diab, president of NC State, worked with Teresa Cook at the Area Agency on Aging to bring this collaboration to campus. The Campus Dining Program is held at the Marketplace, Ohio State Mansfield's newly renovated cafeteria. It provides a different environment and experience in comparison to traditional meal sites.

Although traditional congregate meal sites consistently prove to be successful, they are missing one key factor: choice. The Campus Dining Program fills this gap. From its wide food selection, to The Marketplace's hours of availability, to on-campus programming, to friendships with students and other older adults alike, choice is king, and ultimately, what everyone, regardless of age, desires most.

Beginning in September, the Campus Dining Program has regularly served meals to nearly 300 participants through its pilot program. Because of the positive response, the pilot program will be extended into 2018.



CAMPUS DINING PROGRAM PARTICIPANTS



Connecting Springfield Twp. Fire Dept.

Many older adults believe the following myth: If I ask for help, then "they" will take me from my home. Together, Springfield Township Fire Department and the Area Agency on Aging are trying to change that mindset.



**FIRE CHIEF RON HENRY
FIREFIGHTER MATTHEW WELLS
CAPTAIN MIKE MULLINS**

TO SPRINGFIELD TOWNSHIP AND BEYOND

The Area Agency on Aging and the Springfield Township Fire Department/Ontario began their new collaboration to help provide needed information and services to our local senior population in November.

The fire department recognized an increase in 9-1-1 calls from local seniors who need help to remain in their homes. By working with the Area Agency on Aging, the fire department is able to offer information on services and programs that are available to seniors. A few of the services and programs include personal care, transportation, home delivered meals, emergency response buttons, wellness classes, and caregiver support.

By working together, the Springfield Township Fire Department and the Area Agency on Aging are able to better inform seniors about services funded locally, federally or through the state. Many seniors think that they do not qualify for help or that by accepting help they will be removed from their homes; however, this is not the case. In fact, many seniors in many different income brackets do qualify for services, and by accepting help, are able to stay in their homes safely.



**FIRE CHIEF RON HENRY
AAA CEO DUANA PATTON**

Statement of Activities—Year Ended December 31, 2017

REVENUE:

Grant Revenue	36,671,807
Project Income/Client Co-pay	719,954
Local Income	1,292,534
Tax Levy	1,930,527
Other Income	187,909
Total Revenue	\$40,802,731

EXPENSES:

Program Expenses:	
PASSPORT services	32,214,398
Senior nutrition	2,303,821
Community services	3,859,526
Caregiver services	379,276
Agency support	408,831
Corporate activities	437,457
Total Program Activities	\$39,603,309
Management and General	673,412
Total Expenses	\$40,276,721

NON-OPERATING REVENUES AND EXPENSE:

Interest Income	6,201
Change in Net Assets	532,211
Net Assets-Beginning of Year	3,284,749
Net Assets End of Year	\$3,816,960

The Ohio District 5 Area Agency on Aging, Inc., located at 2131 Park Avenue West in Ontario, provides leadership, collaboration, coordination and services to older adults, people with disabilities, their caregivers & resource networks that support individual choice, independence and dignity.